MAFT 516 - Christian Perspectives in the Helping Professions

Teacher	Dr. D. Quagliana		
Semester	Spring	Duration	8 Weeks
Frequency	Every three years		
Credits	5 ECTS	Workload	150 Hours
Module format	Intensive		
Applicability	This Module alerts the students to specifically Christian approaches within the helping professions. In other modules, the elements of faith may be overlooked but this seeks to introduce another aspect.		
Course structure	See module and courses		
Contact time	40 Hours	Self-Study	110 Hours
Participation requirement	See access to the program		

Evaluation	**Evaluation**	**Hours**	**Weight**
	Phase 1	50	20%
	Reading & Reflection paper	50	20%
	Phase 2	60	40%
	Participation & Daily Assignments	40	20%
	Presentation	10	10%
	Position Paper	10	10%
	Phase 3	40	40%
	Research Paper	40	40%
	Total	**150**	**100%**
Content of the Module	A survey of Christian approaches to counseling. Emphasis on the development of Christian approaches as they relate to theoretical and clinical advances in the field of counseling. Focus on the theological underpinnings of each approach. This course prepares students to integrate faith issues into their work in the helping professions. This includes areas such as the personal faith development of the student, self-care of the service provider, ethics in the delivery of services, social justice in the provision of services to the underserved, working with people with diverse faith backgrounds, integrating care with faith communities, and faith/spiritual interventions in the context of services.		

Learning Objectives	A. General Learning Objectives This course seeks to cover: • Ongoing personal faith development and faith struggles of the helper. • Self-care of the helper. • The interaction between faith and ethical issues in the delivery of services. • Social justice in the provision of services to the underserved. • Working with people with diverse faith backgrounds. • Integrating care with faith communities. • Faith/Spiritual interventions in the context of offered services. B. Specific Behavioral Objectives As a result of the activities and study in this course, the student will: • Describe their own faith journey and possible interactions of this history and the way they help others. • Articulate a plan of self-care incorporating their own faith practices. • Navigate through ethical scenarios that describe conflicts between faith and professional ethical issues. • Plan a sustainable approach to providing services to underserved populations motivated by their religious world view. • Plan active ways of ongoing education around the faith perspectives of populations that they serve. • Give examples of ways they can use existing faith communities as part of the treatment planning for their clients. • Create custom faith-based interventions for populations they choose to serve.
Outline	• Personal faith development of the student • Self-care of the service provider • Ethics in the delivery of services • Social justice in the provision of services to the underserved • Working with people with diverse faith backgrounds • Integrating care with faith communities • Faith/spiritual interventions
Examination	See Evaluation

Core Literature	**Textbooks:** Holeman, V. T. (2012). Theology for better counseling: Trinitarian reflections for healing and formation. Downers Grove, IL: Intervarsity Academic. Shults, F. L., & Sandage, S. J. (2006). Transforming Spirituality: Integrating theology and psychology. Grand Rapids, MI: Baker Academic. **Reading List:** Anderson, R. S. (1990). Christians who counsel: The vocation of wholistic therapy. Grand Rapids, MI: Zondervan. Buber, M. (1970). I and Thou. New York: Touchstone. Dueck, A., & Lee C. (Eds.). (2005). Why psychology needs theology. Grand Rapids, MI: Eerdmans. McMinn, L. G. (2007). Growing strong daughters: Encouraging girls to become all they're meant to be (revised edition). Grand Rapids, MI: Baker Books. McMinn, M. R., & Phillips, T. R. (Eds.). (2001). Care for the soul: Exploring the intersection of psychology and theology. Downers Grove, IL: IVP Press. Miles, C. A. (2006). The redemption of love: Rescuing marriage and sexuality from the economics of a fallen world. Grand Rapids, MI: Brazos Press. Mogel, W. (2001). The blessing of a skinned knee. New York: Penguin Compass, Sanders, R. (Ed.). (2013). Christian counseling ethics: A handbook for psychologists, therapists and pastors (2nd ed.). Downers Grove, IL: IVP Academic. Walsh, F. (Ed.). (2009). Spiritual resources in family therapy (2nd ed.). NY: Guilford.
Other information	